

THE NYC TREATMENT

Full VIP Day Experience

Spend a day in NYC with me taking care of your next level of business and your biggest business asset: YOU!



Flatiron District NYC VIP day:

- Start the morning with Yoga at Y7's Flatiron District Studio
- **Begin the work day with a coffee and find our spot at a nearby co-working space like Luminary**
- **3-hours of content building and creation for your brand**
- Lunch break at a local sushi or NYC taco spot
- **2 hours of growth, launch or offer strategy planning**
- Afternoon break for a facial, acupuncture or manicure (you choose!)
- **2 hours of dedicated project and quarterly planning for your upcoming financial goals**
- Celebrate the big vision we built with Cocktails or Mocktails at Apotheke Nomad

